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Deadline for Next Issue:

**January 15, 2011**

Send materials to Kawanza  
Newson at  
knewso@milwaukee.gov



## CHILDHOOD LEAD POISONING PREVENTION WEEK RECAP

by Lisa Acheson



The overall prevalence rate for lead poisoning in children less than 6 years of age in Milwaukee was 4.4% in 2009, compared to 31.9% in 1997. This represents a tremendous gain in the fight to eliminate childhood lead poisoning across our community. It is tempered however by the fact that when compared to the 1.5% prevalence rate for the state of Wisconsin and the 2007 prevalence rate of 1.0% nationally, prevalence in Milwaukee is still 3-4 times higher than the national average.

Last year, 853 children under the age of 6 were identified as having a first-time blood lead level at 10 micrograms per deciliter or greater, the current threshold for lead poisoning established by the U.S. Centers for Disease Control.



Childhood Lead Poisoning Prevention Week was Oct. 24-30. It was dedicated to raising public awareness about lead, emphasizing the importance of lead testing, and encouraging individuals and families to take appropriate steps to reduce and eliminate the health risks associated with the condition. This year's theme, "Lead-Free Kids for a Healthy Future," underscored the importance of testing your home, testing your child, and learning how to prevent lead poisoning's serious health effects.

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rate for lead poisoning in children less than 6 years of age in Milwaukee was 4.4% in 2009, compared to 31.9% in 1997. This represents a tremendous gain in the fight to eliminate childhood lead poisoning across our community. It is tempered however by the fact that when compared to the 1.5% prevalence rate for the state of Wisconsin and the 2007 prevalence rate of 1.0% nationally, prevalence in Milwaukee is still 3-4 times higher than the national average.



*Stephanie Ortiz collecting a blood sample for testing*

Children under 6 are considered to be the most vulnerable to the effects of lead. This occurs for a variety of reasons including rapid brain development, incredibly fast changes in the central nervous system, normal hand-to-mouth behavior as a part of learning and exploring, exposure to environmental lead from floors, older windows, and other external sources, and greater absorption of lead into the gastrointestinal system at a rate that can exceed that of adults. For this reason, it is recommended that children be tested for lead at the approximate age intervals of 12 months, 18 months, and 24 months.

*continued on page 2*

## COMMISSIONER'S COMMENTS



*Bevan K. Baker, FACHE*

Fall continues to be busy for the City of Milwaukee Health Department.

We prepared extensively for our budget hearings to the Common Council in October and November, and I thank all of you who worked behind the scenes to provide valuable information so that we could testify to all that the MHD does to make Milwaukee a better, healthier community.

The Health Department also launched two major campaigns within a two-week period last month to improve immunization rates within the city. The first, our annual flu campaign, is one that I look forward to each year.

This year we partnered with Neighborhood House of Milwaukee and Radio Disney to promote flu vaccination and good hygiene practices among school-aged children. The Centers for Disease Control and Prevention is encouraging vaccination of all people aged 6 months and older, and we know that school-aged children are primary flu spreaders. It is important to empower them with the knowledge they need to protect themselves and those around them.

Also important is health care worker vaccination. Fewer than half of health care workers report getting an annual flu vaccine, contributing to outbreaks within certain institutional settings. I encourage you each to consider getting your shot. It's the best way to protect you, your family and your friends from getting sick.

Disease prevention is the cornerstone of public health and I am also excited about our Strong Baby campaign, which seeks to improve immunization rates among children 0-24 months of age. There are currently 13 diseases preventable with up to 21 vaccinations by the time a child is 6 years old. Early vaccination increases the likelihood that children are fully immunized when they enter school.

The second part of the campaign launched in late October, and focused on smoking and prenatal health. Look for more Strong Baby campaigns in the future.

Bevan K. Baker, FACHE  
Commissioner of Health

## LEAD POISONING *continued from page 1*

Although prevention efforts focus primarily on young children and families, the lead poisoning of a child can occur even before birth, with negative health effects extending beyond childhood into adolescence and adulthood. A pregnant woman's exposure to lead puts her unborn baby at risk. Environmental lead ingested by a pregnant mom passes through the placenta into the baby and its developing bones and other organs such as the brain. High levels of lead in the blood increases the chances of miscarriages, stillbirths, and generalized illness during pregnancy.

In adolescents, lead poisoning continues to affect learning ability, and is a powerful predictor of school disciplinary problems. Studies show that lead exposure causes depression and panic attacks in adolescents, along with higher rates of high school dropout, teen pregnancy, and juvenile delinquency. Lead poisoning also continues to predict negative health and behavioral outcomes for adults poisoned as children. Violent crimes committed by adults are strongly associated with prenatal and childhood lead poisoning. A 2008 study found that for each increase of 5 micrograms per deciliter of lead in blood as a child, an individual's risk for being arrested for a crime as an adult increases by 50%.

Childhood lead poisoning is costly to the community and to society as a whole. The estimated minimum health benefit of preventing lead poisoning is currently estimated at approximately \$45,000 per child.

Milwaukee has come a long way in its efforts to remove lead from the accessible environment so that children are no longer exposed to the serious health threat it poses. These efforts will hopefully help to protect future generations of children from its lasting effects.

### Back-to-School Health Fair Snapshot

	South Division HS	North Division HS
Attendees	2,513	1,850
Backpacks	2,246	1,435
Immunizations	203	280

### Budget Hearing & Adoption

You can view the archives via the MINT in the City Channel 25 archives.



## SHIRLEY SENAYA

Family is important to Shirley Senaya, who likes to spend her free time walking along the lake with her husband, being involved in activities with her children, or vacationing with her sisters and friends. The Chicago native is one of 18 children, and is passionate about protecting and educating youth. At the MHD, she serves as a Public Health Educator II for the Men's Health Center and is responsible for working with partner agencies, enrolling men in insurance programs, providing referral, health, social services, and legal information to male clients. Shirley took time out of her busy schedule to tell us more about herself.

### Just for Fun

Find the 26 autumn words listed below. Answers will be published in the next issue.

C L Y E K R U T T U F  
O R E I S M F O N G A  
R O A P W A R M T H E  
N U K N O S A A G O L  
O G E I B H C T E L S  
T N C K R E S M A Y E  
O I A P E D R B L D I  
H F L M A P T R I S G  
P F P U D O O R Y C N  
S U E P O T Y E O H I  
C T R F B A K I N G V  
H S I Y H T A T T O I  
E L F T S O R F F U G  
S S S E C E R A L R S  
T H S O E S L E R D K  
N E A P P L E P I E N  
U T V M E R S O A K A  
T I W S N E T T I M H  
S E V I T A L E R G T

APPLE PIE	FOOTBALL	PUMPKIN PIE
BAKING	FROST	RELATIVES
BREAD	GOURD	SCARF
CHESTNUTS	HAM	STUFFING
COAT	HAYRIDE	THANKSGIVING
CORN	LEAF	TURKEY
CRANBERRY	MAPLE SYRUP	WARMTH
FALL	MASHED POTATOES	YAMS
FIREPLACE	MITTENS	

If there is a person you would like to see featured in the Employee Highlight, please contact:

**Kawanza Newson**  
**knewso@milwaukee.gov**  
or call **x3548**.

Deadline for next issue: **Jan 15th**

*What would you do if you didn't have to work?*

Volunteer in a foreign country on a humanitarian project.

*Do you have hidden talents?*

I have a creative side and am a seamstress.

*What is the weirdest thing that you keep or have kept in your desk drawer?*

I try to keep my desk pretty neat but the only thing I can think of is a plastic baggie. I wash and recycle plastic storage bags.

*What is your tip or trick to get you through the day?*

Prayer gets me through the day, it's important because it helps me stay centered especially when my day is challenging.

*Do you do any volunteer work?*

I don't volunteer as much as I would like, but over the years I have volunteered for my church and have spent several years volunteering as a chaperon for the Silver Spring Neighborhood Center track team. I also do some unpaid work with a girls group home.

*If you were assigned to a desert island for a year and could take one song and one kind of snack, what would you take?*

I would take the song "God is My Refuge," peanuts for a snack.

*Of all the cars you've owned so far, what has been your favorite?*

Range Rover

*Who is the person you admire the most?*

I admire my mother because growing up she always set standards for us, made us go to church and no matter what we did she never gave up on us. She always set a good example as a parent. She instilled in us the importance of education. I am the first sibling to receive a Master Degree in my family and now I have set the standards for my children and my nieces and nephews.



## 2010 PROGRAM HIGHLIGHTS



by Terri Linder and Paul Biedrzycki

The City of Milwaukee recently hosted the 8th national meeting of the federal BioWatch program. BioWatch is a Department of Homeland Security initiative that is supported by the EPA and the Centers for Disease Control and Pre-

vention. The program deploys an array of air sampling devices that monitor the air for select pathogens that may be used in a bio-terrorism attack. The City of Milwaukee Health Department is a key participant in our jurisdiction's Bio-Watch Advisory Committee (BAC) and leads the group in planning and preparing for a public health response to a bio-terrorism event. Other partners on the BAC include the FBI, the Milwaukee Fire and Police Departments, the Wisconsin Department of Natural Resources, the Wisconsin Department of Agriculture, Trade and Consumer Protection, the Milwaukee-Waukesha Public Health Consortium and the State Department of Health Services.

The National Workshop allows representatives from BioWatch jurisdictions across the country to share experiences and planning strategies. There are public health, field monitoring, laboratory and public risk communication tracks so that attendees can learn the latest developments in their particular area of responsibility. The Health Department

presented a poster titled "Capitalizing on H1N1 Medical Countermeasure Lessons Learned for Application to a BAR Response" in which we described how our experience acquired during the flu response can assist in planning for mass prophylaxis following a BioWatch Actionable Result which is the detection of an intentional release of a biological agent.

Over 500 people from across the country attended this national meeting. We were very honored that Milwaukee was chosen to host this event and I am happy to say that we were told over and over how much the attendees enjoyed Milwaukee. Comments included how friendly the people of Milwaukee were and what a beautiful city we have. Paul Biedrzycki was asked to give welcoming remarks and did a great job of introducing people to Milwaukee and of course the obligatory explanation of beer, brats, cheeseheads and tail-gating. It was very exciting to see our city shine and be appreciated for the great place it is.

**Capitalizing on H1N1 Medical Countermeasure Lessons Learned for Application to a BAR Response**  
Anupa Gandhi, MS; Paul A. Biedrzycki, MPH, MBA; Terri Linder, BS; Mat Wolters, MS

**Important Considerations for Mass Vaccination Clinics**

- Appropriate Site Selection**
  - Capacity:** Is the site big enough to accommodate the anticipated crowd?
  - Availability:** Is the site available for use at any time? MHD utilized non-operating Milwaukee Public Schools buildings to avoid disruption to school programming and activities.
  - Accessibility:** Is the site accessible via public transportation? Will it accommodate special needs populations?
- Staffing Patterns:** Maintaining the correct ratios of registrars, screening and dispensing of staff to prevent bottlenecks and maintaining client throughput.
- Just-In-Time Training (JITT):** Allow enough time prior to clinic start for staff training and orientation. Staff should have an opportunity to ask questions and walk through clinic flow.
- Adaptable Clinic Flow and Crowd Management:** Clinic flow should be modified in real time and as needed to reduce bottlenecks and congestion. For example, MHD consolidated Education and Screening Stations to reduce redundancy and added more tables and chairs for Registration.
- Inventory Management and Staging of Supplies**
  - Plan for continuous restocking of clinic stations.
  - If possible, conduct clinic walkthrough 1 to 2 days before clinic activation to determine need for new/refreshed inventory.
  - MHD was able to store and stage supplies on site since clinics were located in closed, non-operating schools.
- Storage, Handling and Transport of Medical Countermeasures:** Development of protocols for security of countermeasures while in transit and onsite, accurate inventory management and chain of custody procedures.

**The Importance of Partners and Collaborative Relationships**

- Milwaukee Fire Department EMTs and Paramedics served as vaccinators.
- Milwaukee Public Schools offered unused school buildings and staff for clinic set-up and crowd control and maintenance of facilities.
- Nurses from the Aurora Visiting Nurse Association, contract agencies and retired health department nurses served as screeners.
- HMO volunteers served as greeters and at registration station.
- Milwaukee Police Department handled external site security.
- A private security company was hired for internal site security.
- Interpretation and translation agencies provided Spanish, Hmong, Burmese and Somali interpreters.

**Effective Risk Communication Strategies**

In addition to its conventional public health partners, MHD identified two sectors in the community that would benefit from updated information. On a weekly basis, MHD developed and distributed Situational Awareness Reports for these sectors:

- Business
- Faith and Community-Based Organizations
- Health Care
- Higher Education
- Child Care/K-12 Schools

Throughout the H1N1 flu response the Milwaukee Health Department strove to provide useful, timely information to the public and to our community partners. Press releases and Situational Awareness Reports were generated to keep the public, emergency responders and health care providers aware of clinic activity, disease prevalence and any new developments from the CDC or WHO.

Poster presented August 2010.

Poster presentation created for the BioWatch meeting.

## GROWING POWER

The Health Department continues to order Growing Power's Market Baskets.

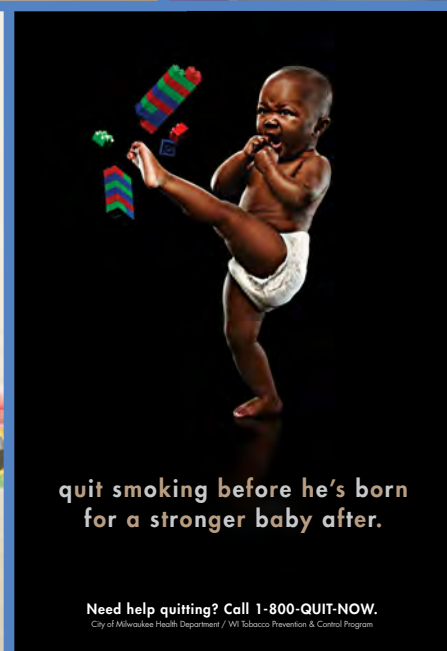
To place an order for a basket at ZMB, contact **Julie Hults** or **Kawanza Newson**. Orders for baskets are due by noon on Wednesdays and the baskets are delivered to the workplace on Fridays, generally in the afternoon (just in time for the weekend!). To learn more about Growing Power call 414-527-1930, visit them on the web at [www.growingpower.org](http://www.growingpower.org) or visit them in person at 5500 W. Silver Spring Dr.

Growing Power offers three basket choices: the regular basket (\$16) is designed for a family of four for a week, the senior basket is \$9 and has a smaller portion of fruits and vegetables in the regular basket, and the organic basket is \$27 and supports organic growers.

The baskets have a great variety of fruits and vegetables and it's always a treat to see what you receive. Typical baskets include onions, white potatoes, sweet potatoes, broccoli, salad greens, apples and oranges. In addition, seasonal items such as cabbage, squash and greens are included in the cooler months, while sweet corn, tomatoes and asparagus are included in the warmer months. On the occasion that there is something in the basket that you do not usually purchase, it's a great opportunity to research the item, try new recipes, or get ideas from co-workers who also received the basket.

## MHD CAMPAIGN SNAPSHOTS

MHD has launched three major campaigns to promote vaccination of residents within the community. The first promotes flu vaccination and good hygiene practices among school-aged children. The second builds awareness of the need to prevent childhood illnesses by immunizing children beginning at 0-24 months of age. The third promotes smoking cessation for mothers-to-be.





## WHO ARE THESE “FELLOWS,” ANYWAY??

*The Wisconsin Population Health Fellowship Program is a two-year service and training program that provides masters-prepared Fellows with practical field assignments in community-based organizations, with an overall goal of developing the next generation of public health practitioners skilled in planning, implementation, and evaluation of public health programs.*



by Geof Swain

The City of Milwaukee Health Department is fortunate to have one or two new Fellows placed with us every year. This is a privilege, because many other governmental and non-governmental agencies around the state compete to host the very limited number of Fellows. Therefore, it's crucial that MHD continue to provide an outstanding experience for these Fellows, so that we will continue to successfully compete for future Fellows' placement here.

In their first year, Fellows at MHD complete six roughly-2-month “rotations” in each of our main programmatic areas, developing and completing focused projects that provide exposure to the breadth of activities and services of a large, local public health department. In the second year, each Fellow works with one division and/or program manager to develop a 10 – 12 month longitudinal culminating project that benefits the division/program and meets the Fellow's professional development needs.

In exchange for the high-level contributions of a Masters-trained Fellow, MHD division and program managers are asked to work with the Fellows to develop projects appropriate to their skill-sets and needs. Dr. Swain provides detailed guidance and project request forms to MHD preceptors, final approval on projects, and on-site academic supervision for the Fellows, meeting with them regularly and with their MHD preceptors as needed.

Typically, MHD Fellows are half-time at MHD, and half-time at another (usually non-governmental) public health agency. In addition to their responsibilities at their other placement sites, they attend monthly UW-Madison training programs as well as other trainings and job-related conferences. For July 2010 – June 2011, we have one second-year Fellow (**Raisa Koltun**) and two first-year Fellows (**Katarina “Kat” Grande**, and **Kelli Stader**.)



**Raisa** comes to us with a Doctor of Pharmacy and MPH degrees from UW Madison, a broad range of skills (including teaching and grant-writing), and a strong interest in the Social Determinants of Health (SDoH) and in policy change related to the SDoH. When not physically at MHD, she can be found contributing to Proyecto Salud at Core / El Centro on Milwaukee's near south side, helping them to further develop their novel Promotores (lay health promoters) program.

**Kelli** comes to us with an interdisciplinary MPH in nutrition and global health from the University of Minnesota, and previous experience at the Minnesota Department of Health in the areas of health equity, oral health, and grants management. Her other placement is at the WI DPH Southern Regional Office, where, among other projects, she is helping to evaluate WIC programming in several counties in that region.



**Kat** also comes to us with an MPH in global health from the University of Minnesota, and previous experience at the Minnesota Department of Health in communicable diseases. She also has significant international public health experience in Uganda, Tanzania, and India. Her other placement is with Dr. Loren Galvão at the Center for Urban Population Health evaluating international public health interventions.

Although Kelli, Kat, and Raisa are placed in our agency, they are employees of UW-Madison's School of Medicine and Public Health (SMPH). All of their salary, benefits and training are funded by the UW Fellowship program, and UW SMPH also provides some funds to cover Dr. Swain's supervisory time. In short, these Fellows and this program represent a significant contribution and investment by UW-Madison to support public health workforce development and public health practice in Milwaukee and across our state. For more information, contact Dr. Swain or see <http://uwphi.pophealth.wisc.edu/education/fellowship.htm>.

## MHD RETIREE UPDATES

### BETH (MARION) SCHUELKE



I retired as a Public Health Nurse from the MHD in 4/2004. I started my MHD career as a district nurse for eight years, then transferred to the STD clinic for ten years, and ended up in the Immunization Department. My late husband Guy and I moved up north to the Post Lake area after I retired. Guy had worked for the city lab from 2/89 to 5/91 which

is how I met him. After moving up north, I worked for the Forest County Health Department from 7/2004 until 11/2007. Guy passed away in October 2007 and I retired a month later. At the end of 2008, I brought my elderly mother up north to live with me. My life has slowed down considerably and besides taking care of my mom, I do a lot of reading, church activities, exercise and keep in touch with my friends in Milwaukee via email. I get the Milwaukee Journal Sentinel every day so I do keep abreast of the local news. I have many memories of my years with the MHD. A warm hello to anyone who might remember me.

### JILL PARADOWSKI



I retired on September 18, 2009. I had been a public health nursing supervisor for over thirty years, but my last position was Healthcare Outreach Coordinator. I am having a great retirement. I now work at the Medical College of Wisconsin as a nursing researcher one or two days a week. I am still active at my church and just finished a week of Building on Faith for Habitat. I would rec-

*continued on page 8*

## HELPDESK WORK ORDERS

by Jeff Hussinger



If you haven't had to use the HelpDesk Self Service Website to log a trouble ticket yet, good for you!

For those who have frequented the HelpDesk Website, keep up the good work and thanks for your patience as the bugs are worked out. If you haven't visited the HelpDesk Website yet, it might be a good idea to check it out so

that if a problem does arise you'll know how to create a Work Order to get your issue resolved.

Please remember that **all** IT requests must be logged electronically into the HelpDesk Self Service website at <http://mhd-trackit/trackit>. When there is an emergency, such as no one in your area or your building can log onto the network, then you should first call me at **x6003**, or if you can't reach me, call **x3478** and leave a message for **George** or **Luanne**.

Using MHD HelpDesk Self Service, you can submit requests for services such as problems, installations, and equipment reservations. You can also view any of your outstanding requests. Here are the six simple steps.

1. Open Internet Explorer and go to <http://mhd-trackit/trackit>.
2. Enter your network login and click the Login button. No password is needed.
3. Click the Add a New Work Order link to open a new work order.
4. Fill in the Summary field with a short summary of the problem, enter your phone number, select
5. Enter a phone number that the technician can reach you at during business hours. Priority, Location (where YOU are located), Type, and Sub-Type, from the drop-down lists based on the type of assistance needed. You should also describe the problem or request in more detail in the Notes field.
6. Click the Submit button to create a new work order which will email you a confirmation and will automatically be assigned to a technician who will also receive an email confirmation.

For these & more instructions on viewing open Work Orders go to [http://mint.milwaukee.gov/ImageLibrary/Groups/healthAuthors/MINT/PDFs/IT/MHD\\_HelpDesk\\_Self\\_Service\\_Users\\_Guide.pdf](http://mint.milwaukee.gov/ImageLibrary/Groups/healthAuthors/MINT/PDFs/IT/MHD_HelpDesk_Self_Service_Users_Guide.pdf)

Starting next year you will be able to use the HelpDesk Website to submit Graphics Requests as well!



# THE Healthy TIMES

*Retirees, continued from p. 7*

commend retirement, but be ready to miss all of the wonderful people that work for MHD.



ROBERT M. NIX

I retired in early 2002 as an Administrative Specialist Sr. in the Business Operations Section of the Health Department after 30 years of City of Milwaukee employment, 25 of those with the MHD. I retain fond memories of the many dedicated health professionals and workers who I had the good fortune and privilege to work with and remain in touch with many of them. It's the people who make an organization like the MHD outstanding. Since retiring, I have been active in my American Legion post as Service Officer for several years, and as a member of the election committee of the City of Milwaukee Retiree's Association, as well as maintaining an extensive leisure travel schedule throughout the state of Wisconsin, weather permitting. My wife Doris (who retired in late 2003 as Director of the Milwaukee County Federated Library System) and I continue to make Milwaukee our home.

## INFANT SAFETY RESOURCE FAIR

by Jill Radowicz



The City of Milwaukee Health Department recently distributed 90 portable cribs to pregnant women and new moms who attended its first infant safety resource fair. Ironically, 90 Milwaukee infants died from 2005-2008 after being placed in an unsafe sleep environment.

The resource fair was held as part of our Infant Mortality Awareness Month activities and took place on Thursday, September 30 at the **Hillside Family Resource Center**. Staff from the **home visitation programs (PNCC, EFM, NFP and CORE team), WIC, Immunizations, CHAP, and Lead** participated, as well as the **Milwaukee Fire Department and nursing students from Marquette**. All worked together to ensure that the participants learned about infant safe sleep practices.

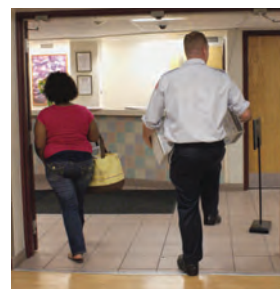
September 30 at the **Hillside Family Resource Center**. Staff from the **home visitation programs (PNCC, EFM, NFP and CORE team), WIC, Immunizations, CHAP, and Lead** participated, as well as the **Milwaukee Fire Department and nursing students from Marquette**. All worked together to ensure that the participants learned about infant safe sleep practices.



The safest place for a baby to sleep is in their own crib or bassinet, with nothing inside it but a firm mattress and tight-fitting sheet. This means that it is free from pillows, blankets, bumper pads or stuffed animals.

Participants were shown a video on how to ensure a safe sleep environment, given educational materials, and taught how to set up and take down their portable cribs. The families also received goodies and information about breastfeeding, infant and child development, newborn screening, lead poisoning prevention, and immunizations during pregnancy and childhood. Healthy snacks were also provided.

Special thanks also to **Abri Health Plan, Children's Community Health Plan, Community Connect Health Plan** and **UnitedHealthcare** who shared information about their programs during the event.





# THE *Healthy* TIMES KUDOS



## COMMUNITY COLLABORATION

Kudos to the **Immunization program staff** who worked hard to put together the 11th annual immunization symposium.

Kudos to **Tiffany Barta** and **Mary Jo Gerlach** for their informative presentations to TRIUMPH medical students this summer. Professor Cindy Haq, who is one of the leaders in public health education at the University of Wisconsin School of Public Health, was very impressed by the presentation.

Kudos from Jill Radowicz to **all the MHD staff** that participated in the first EVER Infant Safety Resource Fair!

## SCIENTIFIC AND TECHNICAL EXCELLENCE

Kudos to **Julie Driscoll**, **Mary Jo Gerlach**, and **Jill Radowicz** for doing a presentation on home visiting at the CityMatCH conference on September 12th, *and for winning an award for their abstract!* Kudos also to **Leah Jepson** for her presentation on the Eco-Cultural Family Interview Project at the same conference.

## SERVING THE PUBLIC

Kudos to **Mary Frances Williams** and **Cynthia Birts** who received appreciative comments from Ms. Kim Hudson, the grandmother of a lead-poisoned child. Ms. Hudson verbally expressed her gratitude while in the office and also wrote a 5 page letter documenting her experience. MHD subsidized the extensive abatement work and her grandchild's lead level dropped from 24 to 9.

Kudos to **Terri Linder** and **Donna Howe** for coordinating an extremely busy summer season for beach water quality monitoring and West Nile Virus activities!

## QUALITY

Kudos to **Nancy Hills** and **Laura Vanderbilt** for their graphics support of



administrative projects including campaign kick-offs, sponsorship proposals, reports and newsletters.

Kudos to **Jeff Propp** for his hard work at the Health Fairs and any other Health department events. His lead program colleagues say he is extremely organized and meticulous, and that he always goes above and beyond the call of duty without hesitation. He helps any and everyone, and many times put his own needs on hold, to ensure that everyone else is taken care of. We just wanted to publically acknowledge that we appreciate ALL that you do, Jeff.

**Marc Mejaki**, HEH Lead Risk Assessor, received a KUDOS from Dick Hack, NIDC Rehab Specialist; "Good hire. He presented himself well during his visit to the Woodlands with myself and Mr. Kaufman of DNS. Intelligent, well spoken, professional and polite. I'm impressed."

Kudos to the entire **HEH Team** for an outstanding summer of dedication and hard work; multiple health fairs, neighborhood events, back-to-school activities, information calls and follow-up with our clients and consumers. Excellent job, team!

Does someone in your department deserve special recognition or thanks? Email Kwanza Newson at [knewso@milwaukee.gov](mailto:knewso@milwaukee.gov) to submit KUDOS for the next issue. Deadline for the winter Healthy Times is January 15, 2011.



## MHD WELLNESS COMMITTEE BRINGS IN THE FALL SEASON

by Yvonne Greer, MPH, RD, CD, CLC



Team ZMB (l to r): Laura Vanderbilt, Patrick Doorneck, Geof Swain, Eric Gass, Anthony Anderson

Through the fine work of the Milwaukee Area Health Education Center (MAHEC) Summer Intern, **Selena La Porte**, the MHD Wellness Committee has been having a ball bringing in the fall season; a *volleyball* that is...



Our first Fall Beach Volleyball Tournament was held on September 8, 2010 at Bradford Beach and featured "Team ZMB" against the "Southside Sweethearts" for a two-out-of-three game battle. Family, friends, and other colleagues were on hand to cheer them on. And, with the score one

game all, the final third game turned into an all-out *war*! But at the end, it was the Southside Sweethearts that were crowned the Champions. Look for our traveling Winner's Poster coming to each health center in the coming weeks. Thanks to all that participated and who came out to encourage their team. Who knew wellness activities could be such FUN!

Other wellness activities that are scheduled throughout the Fall/Winter season include:

- AIDS Walk Wisconsin and Komen Walk for a Cure (Sept.)
- 2010 Y Step Challenge (September/Oct.)
- Fang Song Gong, Traditional Chinese Medicine Techniques, Part 1. (Sept.)
- Self Healing Arts, Traditional Chinese Medicine Techniques, Part 2. (Oct.)
- Financial Management (Nov.)
- Stress Management (Jan.)
- Ergonomics (TBA)



Southside Sweethearts (l to r): Gino Zanin, Julie Driscoll, Lydia Madrigal, Katy Murphy, Nancy Burns, Daniel León, Jill Radowicz

1st

Are there particular events or outstanding staff members in your division that represent MHD at its best? Let's hear about them! Deadline for the winter Healthy Times is **January 15, 2011.**

Look for our e-mails announcing times and locations of workshops and plan to get involved. For more information or to offer ideas for future workshops, contact your Wellness Committee Representative:

Keenan	Emerald Mills
Northwest	Yvonne Greer and Lisa Phillips (Co-Chairs) & Shirley Senaya
Southside	Nancy Burns
Zeidler	Jennifer Zanin & Michelle Kinnard



# MHD Halloween 2010



*Just for Fun  
Answers*

Last issue's puzzle was missing a line, rendering it impossible to complete. Please accept our apologies.

## RETIREMENTS

Thank you to all who have devoted their careers to educating, empowering and improving the health of Milwaukee's citizens. Your many years of service are deeply appreciated.

Telesforo Dulay	Virologist II	ZMB	LAB
Virginia Smith	OA III	KHC	DCEH

## NEW STAFF/REINSTATEMENTS/APPOINTMENTS

Anthony Anderson	EHS II	ZMB	CEH
Erin Cronn	PHN	SSHC	NFP
Karen Grade	EHS II	ZMB	CEH
Grace Henderson	PHN	SSHC	NFP
Claudine O'Leary	Health Project Coord.	ZMB	OVP
Claire Vanden Wymelenberg	EHS II	ZMB	CEH

## PROMOTIONS

Richard Gaeta	to Lead Grant Manager	ZMB	HEH
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## TRANSFERS

Amy Griebenow	OA III-DCEH to DNS
Cynthia Smith	Personal Payroll Asst. to DPW

## RESIGNATIONS

We also bid farewell to the following staff members and wish them well in their new endeavors:

Earl Blair	CD Specialist	KHC	DCEH
Lori Hendrickson	PHN	KHC	DCEH
Cindy Huebschmann	PHN	SSHC	FCH
Sharicus Johnson	PHN	SSHC	FCH
Joe Kadlec	Inventory Control Asst.	NWHC	CS
Stella Mahaga	PHN	KHC	DCEH
Cassandra Sova	Dietetic Technician	SSHC	FCH
Boun Xiong	EHS I	NWHC	DCEH
Stephanie Ziebarth	EHS I	ZMB	CEH

WISHING  
*You*  
A HAPPY  
THANKS  
GIVING



Mayor Tom Barrett

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*Act Now!*  
CITY OF  
**MILWAUKEE**  
HEALTH DEPARTMENT

Tom Barrett, Mayor  
Bevan K. Baker,  
Commissioner of Health  
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Deadline for Next Issue: **January 15, 2011**  
Send materials to Kwanza Newson at [knewso@milwaukee.gov](mailto:knewso@milwaukee.gov)